



Grafton High School

Achieving Excellence Since 1912

5 December 2016

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Useful Contacts:

- Kids Helpline (1800 551 800)
- Lifeline (13 11 14)
- HEADSPACE (1800 650 890)

Principals Report

I have been away on leave during weeks 5 and 6 of this term and so I have returned to a few pleasant surprises and a lot of good news to report on.

While I was away, the final stage of the construction of our Trade Skills Centre - the courtyard and alfresco dining area, was completed. All we are awaiting now is the planting out of the garden beds and the purchase of café furniture for the dining area.

To complement our new outdoor areas, the P&C has supported our SRC through the purchase of 30 stylish garbage bin stands which will be permanently mounted in playground areas around the school to help support our push to keep our playground tidy.

We are also currently in the process of formulating our 2017 budget. Part of this budget will include the purchase of plants to re-establish our front fence line with a soft hedge.

Merit Awards High Achievers

We recently held our final merit assembly for the year and a large number of students were acknowledged for their efforts. Of particular note are the following high achievers:

16 Awards:

- Natasha Clausen (Year 8)

15 Awards:

- May Reilly (Year 8)
- Laila Cox (Year 7)

14 Awards:

- Sarah Hiatt (Year 7)
- Kate McGuire (Year 10)
- Micaela Scott (Year 11)

13 Awards:

- Tayla Collins (Year 8)
- Jasmine Kneeves (Year 8)
- Gabby Marshall (Year 8)
- Morgan Koekemoer (Year 10)
- Ashlynn Mifsud (Year 10)
- Katie Porra (Year 10)
- Claire Smidt-Thompson (Year 10)
- Courtney Sullivan (Year 7)

12 Awards:

- Claire Clark (Year 7)
- Isaac Cox (Year 8)
- Natalie Downes (Year 11)
- Narissa Dunston (Year 7)
- Grace Ford (Year 8)
- Annabel Green (Year 11)

- Meg Porra (Year 10)
- Heath Power (Year 8)
- Maddison Rake (Year 8)
- Sarah Rowe (Year 8)

11 Awards:

- Rianna Blake (Year 9)
- Ryan Daniels (Year 7)
- William Fares (Year 9)
- Suwedaa Kumaradasan (Year 9)
- Shannon Millard (Year 7)
- Grace Moar (Year 11)
- Jak Kirwin (Year 11)
- Khoi Nguyen (Year 8)
- Alex Schulz (Year 7)
- Jordan Smith (Year 11)
- Oliver Westman (Year 7)

A reminder that our annual presentation evening is being held next Wednesday in the MPC. All award recipients by now should have received a letter inviting them to attend.

Another High Achiever



Further to my last newsletter, I have included a picture of Mr Moar receiving his World Teacher Day award from Professor Lynch at Southern Cross University. Part of Mr Moar's citation for this award reads: "Daniel Moar is an outstanding educational leader who is highly regarded by staff, students and parents. Daniel has applied his high level pedagogical and technology skills to his leadership in implementing a significant digital learning initiative at Grafton High School using student Chromebook computers across the curriculum." Congratulations Mr Moar!

Peter South - Principal



CHROMEBOOKS - YEAR 8

Please remember to bring your Chromebooks every day.



Welfare Day

On Tuesday 11th October, Year 7 had a Welfare Day. It included an Amazing Race and different activities with many teachers in all rooms around the school.

The Amazing race was heaps of fun because you raced to different problem solving activities around the school and did stuff that we normally wouldn't do. During the Amazing Race we learnt about how smoking affects our life and the consequences with smoking. All of the things we did were heaps of fun. It was a great day and we all had a great time learning about all the important work the Solid Mob do to help people stop smoking.

Other activities included PBL (Positive Behaviour for Learning), a police talk about cyber-bullying and other issues, Team Games on the oval, Digital fun and How R U Going?

The amazing race was the most fun thing we did during the whole day and we wish that we could do it again. Our thanks to the Solid Mob, Mr Brown and Mrs Gorham for organising the great day.

By Narissa Dunston & Halle Ensby



Health Care Careers Day at Grafton Base Hospital

Eleven Year 10 students with a keen interest in a career in health enjoyed a very informative excursion to Grafton Base Hospital. They learnt about the various careers within the health services, the area covered by Clarence Health Services, and had a number of student nurses, doctors, physios & radiographers discuss their varied journeys into health care and study.

The day finished with a practical component whereby our students watched student nurses and doctors perform on a simulated heart attack in the simulation theatre, were involved in CPR, as well as having the local physio plaster their arms. Each student was presented with a certificate for completing this excellent day.



Morgan Koekenmoer learns CPR



Observing a simulation with trainee nurses and doctors



Ashley Clarke practicing CPR



Clarence Health Services Careers Workshop at Grafton Base Hospital



Tyler Scrivener-Harris gets a back slab

Clarence Valley Equestrian Challenge

A team of riders from Grafton High School attended the Clarence Valley Equestrian Challenge. The riders had a great weekend with lots of wonderful results. The team completed in events such as Dressage, sporting, showjumping and team penning. Congratulations to all of our riders.



Braydan Muddle & Tortilla with his winnings from Reserve Champion boy rider 15-17 years.



Tom Connors in action on Robbie in the flag race.



Tom Connors having a yarn with Blade Blackadder from SGHS.



Braydan Muddle, Blake Metcalfe & Tom Connors winners of the Team Penning.



Laetitia McLachlan with her winning ribbon for the showjumping event.



Laetitia McLachlan & Spider in action with the cattle in the Team Penning Event



Braydan Muddle & Tortilla in action in the flag race.



Tiarn Paul, Jemma Becker, Blake Metcalfe & Braydan Muddle placed 4th in the Relay



Braydan Muddle & Tortilla in action with the cattle in the Team Penning Event



President Kathleen Gay presenting Tiarn Paul with her trophy for the dressage.

Term 4

Week 9

6 Dec

MADD Performance

7 Dec

Presentation Night

Week 10

12-15 Dec

Activity Week

16 Dec

Term 4 Concludes

20 Dec

Staff Last Day 2016

Music Lessons

The Clarence Valley Conservatorium welcomes Jake Dominey as a new member of our teaching staff.

Jake is a drum specialist, he works with drum kit and has lots of experience with hand drumming. (Djembe)

Monday evenings at 6pm we are starting a hand drumming class, come along and try it, the first class is free, drums are available on site. So as not to miss out ring first or send an email if you need to reserve a drum.

Call us on 6643 3555 or

cvcon@cvcon.com.au

Begins at 6pm. All ages welcome.

LET'S WORK TOGETHER
FOR THE WELLBEING AND
MENTAL HEALTH OF THE
CLARENCE VALLEY



12 DECEMBER
2016

WORKSHOP

OUR
HEALTHY
CLARENCE



For community members, carers, doctors, mental health professionals, community-managed organisations, hospitals, emergency services and other interested people or groups living or working in the Clarence Valley.

The Our Healthy Clarence Steering Committee has used the ideas from earlier meetings and workshops to form a single action plan for improving wellbeing and mental health in the Clarence Valley. This workshop will identify how we can achieve the Our Healthy Clarence Plan.



Venue: Grafton District Services Club, 105-107 Mary St, Grafton
Date: 12 December 2016
Time: 5:00 - 7:30 pm
RSVP: By 5 December to nr@ncphn.org.au or phone 6627 3300

Need Help?

Lifeline: 13 11 14 | Mental Health Access Line: 1800 011 511 | Kids Help Line: 1800 551 800