



Grafton High School

Achieving Excellence Since 1912

2 August 2017

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Useful Contacts:

- Kids Helpline (1800 551 800)
- Lifeline (13 11 14)
- HEADSPACE (1800 650 890)
- eheadspace.org.au

Principal's Report

Education Week highlights the achievements of local schools and the opportunities that public education can provide to all students. The theme for Education Week this year is I Learn, We Learn, celebrating the commitment of the NSW Department of Education to ensure that every student, every teacher, every leader and every school improves every year.

Already in Term 3 we have seen students demonstrating their willingness to work hard and improve themselves in a variety of areas. The MADD matinee and night held last week showcased the talent that exists within our students as they performed for parents and students in two great shows. For many students this was their first time performing in front of a large audience and the feedback from everyone has been extremely positive. Thanks to Ms Feeney, Mr Townley, Ms Mills, Ms Smith, Mrs Hilton and Mrs Hayton for their work in organising these events.

I would like to thank all of the parents that attended our parent teacher afternoon last week. It was the first time that we used our new online booking system and the feedback we have had has been positive. This is part of our new parent portal which provides access to information on your children through an online portal. Letters were sent to all parents just before the last school holidays with instructions on how to access this resource. If you have not received a letter or have experienced difficulty in using the portal then please contact the school so that we can try to assist you.

Links to the parent portal are available on our school website and also on our Facebook page.

<http://web2.grafton-h.schools.nsw.edu.au/portal/login>

Term 3 is a busy one for our Year 12 students as they sit their trial HSC exams, finish practical projects and deliver performances in the creative arts area. It is also a stressful time where we need to support our students so that they can achieve their best results and subsequently access the opportunities that will become available later in the year. I encourage any Year 12 student that may need support to talk to their Year Adviser, Mrs Blackburn.

We will be participating in the Tell Them From Me survey once again this term. Grafton High has participated in this survey for several years now and the data and information that we receive is valuable in assisting us in identifying strengths and weaknesses within the school. A letter will be coming home this week with further information regarding the survey.

Year 7 and 8 students will be receiving Elective selection information for 2018 this week. A short information session will be held on Thursday where students will receive their elective booklets and login details so that they can make their selections online. I encourage parents to speak with their children regarding these choices and be aware of the selections they make. Many of the more practical electives do have a fee attached or may require protective footwear/equipment.

During this term you may see some changes to our school website. We are trying to improve the ease of access to information and ensure that it is up to date with current events. If you have any suggestions regarding this, then please let me know by emailing the school.

Daniel Moar

Sport

Congratulations to our 2017 Athletics Age Champions



Jake Lambeth off to Pacific School Games

Jake Lambeth has been selected to represent New South Wales All Schools Boys Hockey at the Pacific School Games in December 2017. Jake is one of 16 boys to attend the event where there will be an expected 4,000 athletes from potentially 11 countries vying for medals across 11 sports. This event is as close to an Olympic type feeling as a student will get as a school based athlete. The event is complete with opening and closing ceremony. At this stage, India and Pakistan have confirmed for hockey with Singapore and Makow well on the way to confirmation of their attendance also. This event is a truly International experience. At the conclusion of this event, the Australian Schoolboys team will be announced to tour South Africa in 2018. The school staff and students all wish Jake well for this experience. Congratulations.



Boys

Girls

12yrs	Blake Robertson	Lucie Eichmann
13yrs	Michael Luxton	Arabella Labao
14yrs	Mitchel Cachia	Krystal McMahon
15yrs	Alex Schulz	Milly Deefholts
16yrs	Travis Eichmann	Grace Spies
17+	Kyle McIlveen	Katie Porra

A special mention of Krystal McMahon for breaking 2 long-standing records in the 100m – 13.35s and 200m – 26.46s

2017 House Champions – PAGE



2017 Cross Country

Grafton High School had a strong team at the North Coast Cross Country Championships at Murwillumbah.

Special mention of Age Champions Destiny McIntyre and Katie Porra



Destiny



Katie

Results:

1 st Destiny McIntyre	16-19yrs AWD athlete
16 th Harrison-Turner, Taliera	12 yrs girls
21 st Crispin, Tanika	12 yrs girls
19 th Carlton, Madison	13 yrs girls
4 th McMahon, Krystal	14 yrs girls
15 th Trevillion, Mia	14 yrs girls
1 st Porra, Katie	17 yrs girls
6 th Porra, Meg	17 yrs girls
2 nd Pope, William	12 yrs boys
4 th Luxton, Michael	13 yrs boys
8 th Pope, Keegan	14 yrs boys
22 nd Endean, Kayne	15 yrs boys
7 th Henderson, Daniel	16 yrs boys
16 th Dunn-Barton, Jai	16 yrs boys
2 nd Connolly, Jake	17 yrs boys
9 th McIlveen, Kyle	17 yrs boys

Work Experience



By Kate Hassan

Clinical Nurse Manager Katrina Austen and Kate

I have been doing work placement at Clarence Valley Age Care every Tuesday since Term 1 as part of the Skills for Work class.

It has been a great experience for me because I get to interact with many people throughout the day and I have learned so many different skills. I have learned to care for the residents and assist them with their daily needs. My daily routine includes helping the residents get out of bed, helping them shower, assisting with their meals etc. My favourite part of work placement is interacting with the elderly and helping them throughout the day.

I would recommend other students do work experience because it helps you find a job that you are interested in and you learn the skills necessary to succeed in that field of work.



By Ben Luxton

For Work Experience I went to Grafton CycleSport and spent a week getting my hands dirty and learning the fine art of bike maintenance. I asked many questions about my boss's line of work, as it is a local business owned and run by him. I learnt many business strategies and non-bicycle related things while I was there. While there, I also rebuilt a bike from scratch, put 3 bikes together and did repairs on all different kinds of bikes. The week was short but my knowledge has expanded and as a student I believe work experience is a good idea for all students.



By Melanie Martin

I recently had the opportunity of completing a week of Work Experience at Riverbank Animal Hospital as an Assistant Vet Nurse. During Work Experience, I was able to observe many different surgeries, assist with animal check-ups and consultations, help maintain a clean work environment, and play with the animals! I have seen both the happy and sad side of working with animals and their families. I thoroughly enjoyed my time working with the great staff and I am excited to continue working with animals in the future.

For information about the Year 10 Work Experience Program, see Miss Benkendorf.



Every Wednesday before school and at Lunch, Keep Up Club runs in the Library. Keep Up Club provides students with the opportunity to 'keep up' with their assessment tasks, homework and seek extra help from teachers. Keep Up Club has been running for a year now, and the response from students is fantastic. During first term alone, over 100 different students made use of Keep Up Club and I continue to see new students every Wednesday! I would like to congratulate all Keep Up Club students on their immaculate behaviour and their dedication to their studies. I hope to see new attendees in Term 3!

YEAR 7 & 8 WELFARE PROGRAMS- BRAINSTORM PRODUCTIONS

As part of our welfare initiatives Year 7 & 8 students will be able to attend this performance which will be paid for by the GHS Welfare team.

Educational theatre addresses anti-bullying in schools and provides strategies for conflict resolution and breaking the cycle of violence.

Sticks and Stones Two energetic young performers explore the different forms of bullying in the playground, in the street and at home. It provides strategies for conflict resolution, anger management, assertiveness, and breaking the cycle of violence.

School yard scenarios are used to encourage students to have empathy and understanding: invading people's personal space, homophobic and racist remarks, domestic violence and intimidation in person or on the internet are all illegal and have serious consequences.

This award winning show shines a spotlight on negative patterns of behaviour through inappropriate modelling from peers, family members, TV and computer games. It examines the link between hormones, adrenalin, the "fight, flight" response and alcohol fuelled violence.



The hard hitting narrative is punctuated with circus skills to demonstrate co-operation and the use of control through breath, focus and channelling energy into positive pursuits.

Mrs. V. Nichols (Head Teacher Welfare)



Excursions

Agriculture Primex Excursion 2017

A keen group of Agriculture and Primary Industries students donned their hats and boots to brave the drizzle and battle through the mud at the Primex excursion last Friday.



There was a wide variety of stall holders present to suit the interests of all students. The more traditional displays of cattle breeds and tractors were rivalled in popularity this year by demonstrations and simulations of drone technology. Students thoroughly enjoyed the day despite the trying weather conditions. They should be commended on their positivity and excellent behaviour.



Business Studies & Geography - The Farm

On 22nd June, Year 12 Geography and Business Studies went to Byron Bay to visit The Farm. As part of these subjects there are opportunities where you can go out into the field to learn about the case studies. Whilst there, we got to see a growing area of tourism in Australia called Agritourism (what's that I hear you ask?). Johnno Hunter, a modern crocodile dundee and the general manager of The Farm, took us on a tour, answering all the questions we needed for our case study for People and Economic Activity.



On the farm tour we met Braveheart the abandoned Scottish Highland calf (which Jarryd felt a personal attachment to), got to pat the animals, pick the produce, learn a lot about sustainable farming and had some lunch at the restaurant, yum, yum!



After our trip to The Farm, we went into Byron Bay to see how much of a tourist town it is. We listened to a man playing music on the beach, his production left a great deal to be desired, I'm feeling a light 6 on this one. To end the day we made our way up to the Lighthouse (WOW) and the most eastern point of Australia. T'was a rather enjoyable day.

Edited by Jordan Smith

Ms Reinten and Ms Singh would like to thank the wonderfully behaved students that excellently represented Grafton High School.



Fresh Start Excursion

Last term, eight Grafton High School students participated in the Civil Construction Day along with other schools from the Clarence Valley, as part of the Fresh Start program. The event took place at the Trenayr TAFE Skills and Infrastructure Centre, where students were given the chance to network with representatives from the industry.

After a safety induction, students were given the opportunity to have hands on experience with excavators and rollers.



Students thoroughly enjoyed their time on the machinery and are to be commended on their maturity and enthusiasm throughout the day.



G'Day USA

In the January school holidays, 18 students from the Clarence Valley including 10 from Grafton High School travelled to the USA as part of the Education World Travel program, "G'day USA". They were accompanied by two teachers, Mrs Leisa Moar from Grafton High and Mrs Sandra Bartholomew from McAuley Catholic College.

The group flew into San Francisco where they spent three days visiting the famed Fisherman's Wharf and Alcatraz Island and walking across the Golden Gate Bridge. They then flew to Los Angeles where they spent another four days at the Knott's Berry Farm Resort. Whilst there, they were lucky to visit 'the happiest place on earth', Disneyland, on New Year's Eve! Despite huge crowds and a rainy day, Disneyland was certainly a magical way to celebrate the New Year. Knotts Berry Farm, Universal Studios and a Hollywood walking tour were other popular activities during their Los Angeles stay.



The remaining 11 days were spent in San Diego experiencing the home stay part of the program. The students attended Del Norte High School every morning with their host brother or sister and then were picked up for day tours around the San Diego area. These day tours included shopping at the San Ysidro Outlet Mall (adjacent to the Mexican border), browsing Old Town San Diego and trips to the San Diego Zoo, Balboa Park and the beautiful mountain town of Julian. They also got to spend a whole day at Del Norte High School where we were in awe of their fantastic school facilities. Another highlight was attending a Del Norte school basketball match complete with school band and cheerleaders. Students

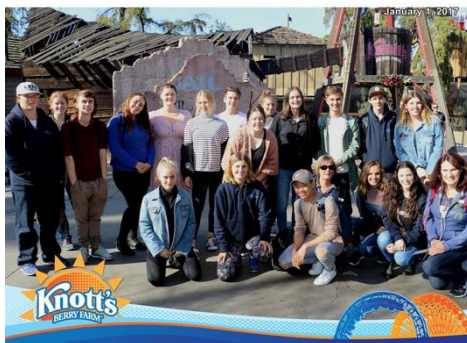


also enjoyed many and varied activities with their host families, including visits to the baseball, snow tubing at Big Bear ski resort, ice skating, birthday parties, hiking and biking the beautiful San Diego beaches and of course plenty of shopping. Lifelong friendships were made and there were many tears when we departed for home.



If you think that this is something that may interest you and you will be 14 years of age by January 2019, then please see Mrs Leisa Moar at the school or email her.

leisa.moar@det.nsw.edu.au



Library News

The 2017 Premier's Reading Challenge closes on Friday 25th August. There are only a few weeks left to complete the Challenge. The PRC encourages student in Years 7-9 to read quality literature from a wide range of authors and genres. The Library Reading Challenge also closes on 25th August. Students completing the LRC have the opportunity to read a wide range of literature. All students who complete a reading challenge will receive an award in Term 4.

Mrs Lynch – Teacher Librarian

"Reading is to the mind what exercise is to the body." – Richard Steele

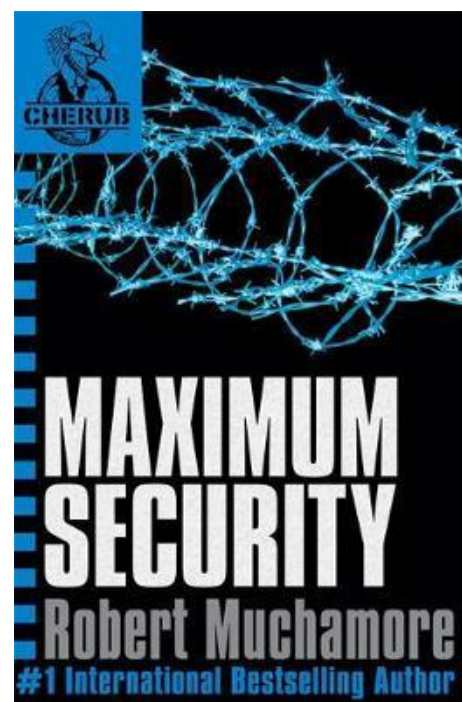
Featured Author

Robert Muchamore was born in 1972. He grew up in Tufnell Park in London and now lives a few miles away in Crouch End. Robert worked as a private investigator up until 2005, when he became a full-time writer after the critically-accepted release of *Maximum Security*.

Robert was inspired to create the CHERUB series by his nephews' complaints about the lack of anything for them to read. *CHERUB: The Recruit* was Robert's first book and won the Red House Children's Book Award 2005 in the Older Readers Category. There are now 12 books in the CHERUB series.

Sources: <http://www.muchamore.com/useful-info/frequently-asked-questions.aspx>

https://www.goodreads.com/author/show/268199.Robert_Muchamore



TERM 3

AUGUST

WEEK 03

- 01 Ski Trip
- 02 Year 9 Camp
Titan's Shield – Rugby League
- 03 North Coast Athletic Carnival

WEEK 04

- 07 HSC Trial Exams – 07 -17
CHS Tennis Finals
 - 08 Premiers Debating Challenge
Excursion – Years 7 & 8
- NSW Netball Cup
My Future Fest

Community Notices

School Newsletter Info



SCU Open Days

Southern Cross University invites Grafton High School students and their parents to our Open Days to sample campus life, and explore study options and career opportunities.

Join us on campus for workshops and presentations, campus tours, food options, live music and entertainment.

Gold Coast campus: Sunday 13 August

Lismore campus: Sunday 20 August

Coffs Harbour campus and National Marine Science Centre: Sunday 27 August

For more information, registration and details on the event programs, please visit scu.edu.au/opendays

SCU STAR Early Entry enables Year 12 students to gain early admission to Southern Cross University on the basis of their school Principal's recommendation. STAR Early Entry matches an individual student to a particular Southern Cross University course based on their likelihood of success in their chosen discipline. Applications for current Year 12 students are now open for study in 2018. For more information, please contact your Career Adviser or refer to scu.edu.au/STAR

Keep up to date with our events by following us at [SCU Future Student Facebook page](https://www.facebook.com/SCUFutureStudent)



Promoting freedom of choice for individuals and communities

How to Talk so Kids will Listen

Improving family communication

A 3-hour workshop for parents and carers of children 2 to 12

Based on the emotion-coaching principles of the Tuning In To Kids™ program. Parents are provided information and techniques for communicating through connection.

8th AUGUST 2017	12th SEPTEMBER 2017
CRANES Pullen Centre, Grafton 3-7 Prince Street (river end) 9.30am to 12.30pm	CRANES Pullen Centre, Grafton 3-7 Prince Street (river end) 9.30am to 12.30pm

Duration: One 3-hour workshop

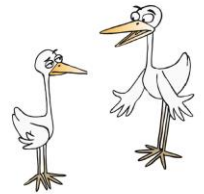
Who is eligible: Anyone with primary care or support role in the care of child or seeking access or restoration of a child.

Cost: FREE

Childcare: Available at no charge. Limited spaces, bookings essential.

To register: Contact CRANES (see below)

About CRANES: Please visit our website www.cranes.org.au



CRANES' Family Relationship Services is funded by the Dept. of Social Services

Ph: (02) 6642 7257 Email: FaRS@cranes.org.au

Grafton Eisteddfod Music 2017

Singing & Instrumental Sections

Saturday 19 & Sunday 20 August

Download entry information from www.graftoneisteddfod.com.au



TRIVIA NIGHT

Hosted by the Grafton Relay For Life Committee

Dates: 11/08/17

Time: 6:30pm

Venue: Grafton District Services Club

Cost: \$80 per table with max of 8 per table
(limited tables so get your tickets fast)

Call Amanda (0429 485 046) or Meghan (0423 955 028) to purchase your table

Email: graftonrelayforlife@outlook.com

A \$40 share platter of warm finger food can be pre ordered from the GDSC.

food for thought
study nights for HSC students

yep, due to popular demand your grafton & maclean libraries will be opening their doors til late to be utilised as a study space for HSC students only.

HSC students will be able to access the library collections, Wi-Fi, free printing & photocopying to help cram in some last minute study away from the distractions at home.

your libraries will also be offering refreshments to help keep energy levels up.

grafton library 5:30 - 8:00 pm tuesday july 4th
5:30 - 8:00 pm tuesday sept 26th
maclean library 1:00 - 4:00 pm wednesday sept 27th

...free wi-fi, free printing!
(that's a lot of frees)

Clarence Valley Libraries | reglibn@crl.nsw.gov.au | (02) 6641 0111 | www.crl.nsw.gov.au

Home Energy Action Replacement Program (HEA) Continuing!

Replacing high power consuming Refrigerators and Televisions is a great way to reduce your Energy Bills.

HEA is a replacement program offering subsidies to low income households to replace their refrigerator or television.

How to access the program

Register and apply on the link below if you can finance the difference after the subsidy yourself
www.environment.nsw.gov.au/applianceoffer

OR

apply for a No Interest Loan (NILS) to finance the difference

For more information please contact
Northern Rivers Community Gateway
02 66217397
76 Carrington Street, Lismore NSW 2480
Monday to Friday 9am to 4pm.

eligibility criteria applies

No Interest Loan Scheme NILS

NILS can loan for
Computers / Laptops
Medical and Dental Procedures
Essential Household Items
And much more.....

Enquire Today!
66217397

**NO Fees,
NO Interest,
NO Charges.**

NR NILS is Managed by
Northern Rivers Community Gateway
76 Carrington Street, Lismore NSW 2480
Ph: 0266217397 Fax: 0266220235
Email: nrls@nrng.org.au
Web: www.incl.org.au

*Eligibility criteria applies