

Grafton High School

Achieving Excellence Since 1912

11 May 2018

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Useful Contacts:

- Kids Helpline (1800 551 800)
- Lifeline (13 11 14)
- HEADSPACE (1800 650 890)
- eheadspace.org.au

Principal's Report

A big thank you to all those students who attended the Anzac Day march during the second week of the holidays. We had a great turnout from the school and across all Grafton schools. Our School Captain, Georgia Cummins, was one of four students who gave moving speeches regarding the service of Australians across a number of wars from World War One through to modern times. As the number of older diggers diminishes, with only a smaller number of more recent exservice men and women replacing them, student participation really helps to make the day special and to keep the Anzac spirit alive.



Congratulations Mr Townley

After several years working at Grafton High School in a temporary capacity, Mr Townley has now been officially appointed to the school by the Department of Education as a permanent teacher. Congratulations!

Reports and Parent-Teacher Evenings

All public schools are required to provide parents with two academic reports each year and two opportunities for parents to meet with teachers. At Grafton High School, we issue both a mid-course and a final academic report for each student. In addition to this, we also provide a brief Interim Report at the end of Term 1. This report is just a brief summary of how a student is progressing, to give some initial feedback prior to the Mid-Course Report. The school also holds two parent-teacher evenings; one around mid-year, following on from the Mid-Course Report, and one following on from the Interim Report.

The school will be holding our first parent-teacher evening this coming Tuesday, 15th May, from 3.30-6.00pm in the school MPC (accessible from Fry Street). This is a less formal evening so no appointments are necessary. It is simply an opportunity to get some initial feedback on how your child is

progressing at this stage. Parents/carers who are unable to attend are welcome to contact the school to arrange a time to speak to a teacher regarding their child's progress. Parents can do this at any time, irrespective of whether or not they attend parent-teacher evenings. Parents/carers need to be aware that, given the teaching and duty timetable of teachers, they need to first make an appointment in order to see a teacher outside of parent-teacher evenings.

Facebook Movies - "This Week"

Those of you following the school Facebook page will have no doubt noticed the new "This Week" videos we are posting. These videos are the work of English teacher Mr Piper and his students. The focus is on learning and the videos should give parents/carers some insight into some of the great things happening in our classrooms. A big thank you to Mr Piper for his ongoing work with this.



P&C General Meeting

The next P&C General Meeting will be held in the staff common room (D-Block – Mary Street entrance), on Thursday 24 May, starting at 6:30 pm. All parents are welcome.

Go Art

Hurry, entries close 4 June for the 2018 Grafton Open Art Exhibition (Go Art).

The P&C-run Go Art exhibition is held each year in the school MPC over the June long weekend (9-11 June, 2018). See the Go Art website: https://www.goartprize.com/ for more info. We are also looking for parent volunteers for the weekend. If you are able to volunteer some time to help out at the door then please make contact with the school office, where you can put your name down against a day and time on the roster sheet.

NAPLAN Exams

Year 7 and 9 parents should have by now received notification of the annual NAPLAN exams being held next week from Tuesday 15 May through to Thursday 17 May. Students will sit the following tests:

- Language conventions 45 minutes
- Writing 40 minutes
- Reading 65 minutes
- Numeracy 60 minutes

Students at Grafton High School will be sitting the pen and paper tests this year. For further information, parents can visit the National Assessment Program website at: https://www.nap.edu.au/naplan/parent-carer-support

Farewell Mr Randall



Mr Will Randall, Principal at Grafton Public School, will teach his last day on Friday 11 May 2018, before retiring after more than 40 years of teaching. Prior to his time at Grafton Public School, Mr Randall was previously Principal at Kororo Public School, where both my children attended. I know that all the students, my children included, absolutely idolised him. My children, who are now well out of primary school, still rave about how he was the best principal they ever had. As a parent. I felt very lucky to have my children at his school and I am sure that is a feeling shared by many of the parents of children at Grafton Public School. As a colleague principal, I have appreciated his good humour and his absolute commitment to public education and children. He has had a lasting impact on all the children, staff and parents he has worked with. Mr Randall will be missed by many but I am sure he has left a lasting legacy. I wish him all the best in his retirement.

Peter South - Principal

Upcoming Events

TERM 2

WEEK 3

14/5 Yr 8 & 10 Maths test week,

Yr 9 Police Talks

15/5 NAPLAN tests, Parent-teacher

evening

16/5 NAPLAN

17/5 NAPLAN

18/5 HSC Music day, Yr 12 Primary

Industries excursion

WEEK 4

21/5 Yr 7 & 9 Maths test week

22/5 Yr 12 Field Study - Armidale

24/5 P&C meeting

25/5 Yr 10 Careers expo

WEEK 5

28/5 Yr 11 Maths mid-course exam

week

28/5 Yr Police Talks

29/5 Brainstorm Productions Yr 7 & 8

Yr 12 Beef Industry Day - Casino

31/5 Yr 11 EES excursion – Ebor.

Yr 10 Careers expo

1/6 Athletics Carnival

WEEK 6

4/6 Senior HSIE excursion 4-7/6 –

Sydney

Drama Eisteddfod, Go Art entries

close

5/6 Senior HSIE excursion, Dance

Eisteddfod

7/6 Yr 7 Languages excursion

Dance Eisteddfod, Go Art entries

drop-off

9 – 11/6 Go Art Exhibition

WEEK 7

8/6

11/6 PUBLIC HOLIDAY

12/6 Yr 10 Reading test

14/6 AIME excursion

15/6 Elective Art excursion - Brisbane

WEEK 8

18/6 Yr 10, 11, 12 Drama performance

19/6 Yr 10 Writing test

20/6 Yr 10 Numeracy test

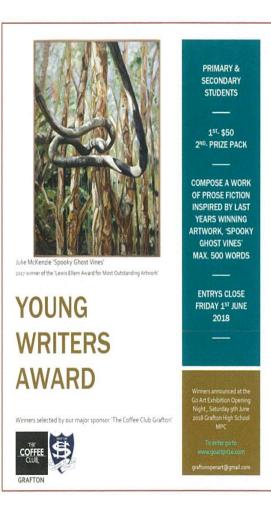
21/6 Science & Engineering challenge

WEEK 9

26/6 MNC Dance Festival 27/6 MNC Dance Festival 28/6 Yr 8 Languages excursion

WEEK 10

2/7 NAIDOC week 6/7 Last day – term 2







Teaching someone to drive can be a happy

You can learn all the simple steps on how to teach a learner driver at a FREE two hour workshop.

experience

MACLEAN:

Monday 14th May @ 5.30pm Maclean Bowling Club, McLachlan St

EVANS HEAD:

Tuesday 15th May @ 5.30pm Evans Head Bowling Club, Beech St

GRAFTON:

Wednesday 16th May @ 5.30pm Grafton Presbyterian Hall, Prince & Oliver St

BOOK NOW: call 6764 6623 or email roadsafety@joblinkplus.com.au

Helping learner drivers become safe drivers





GRAFTON:

Thursday 17th May @ 11am

Grafton Presbyterian Hall, Prince & Oliver Sts

BOOK NOW: call 6764 6623 or email roadsafety@joblinkplus.com.au





Teen Mental Health First Aid Course -Year 11 2018

As part of the Welfare Initiatives at Grafton high School we are pleased to offer Year 11 students the opportunity to complete this certificate course this year. The teen MHFA course teaches high school students how to provide mental health first aid to their friends. The course was developed in response to research indicating that young people have a preference for sharing problems with peers. The course curriculum is evidence-based, informed by a study undertaken to determine the best actions a young person can undertake to support a peer with a mental health problem.

An initial research evaluation of the teen MHFA course found that, after completing the course, participants had improved knowledge of mental health problems and their treatment, increased confidence in providing mental health first aid to a peer, and increased help-seeking intentions.

Students learn the teen MHFA Action Plan, as well as information about different types of mental health problems and mental health crisis situations in young people, and the relationship between thoughts, feelings and behaviours.

The school is offering to pay for the cost of this course which is a recognised certificate course. All Year 11 students will be offered the course through their English class.

Mrs Nichols.





TERM 2 Workshops 2018

₹	
Raising an Emotionally Intelligent Child	Emotional intelligence is known to support well- being and promote resilience. In this workshop parents are provided techniques for teaching children how to identify emotions and manage their own emotions and the emotions of others for parents and carers of children 2 to 16
Bringing Up Great Kids	The Bringing Up Great Kids program uses ideas of mindfulness and self reflection techniques to review and enhance patterns of communication. The aim of the program is to address the sources of unhelpful hurtful attitudes. There is one session each week for six weeks (see below for venue details)
Toddler Tantrum Toolbox	A workshop that provides information and strategies on handling meltdowns and tantrums (did you know there was a difference?) Suits parents with children in the 2 to 7 age range The workshop will be held In Maclean and then Grafton
How to Talk So Teens will Listen	This half-day workshop provides parents with information about teens intellectual and emotional development and using this knowledge to communicate more effectively. The workshop will be held In Coffs Harbour
Managing Anger	In this workshop we discuss managing strong emotions and strategies for parents and children to express anger in helpful ways. Suits parents with children aged 7 to 17. The workshop will be held twice (March and April) in Grafton

CRANES' workshops are FREE of charge
Free childcare is also available at some venues
Bookings essential

NOTE: To be eligible for our free workshops you must have a child in your care, seeking access to or restoration of a child or support someone who does. Grandparents and foster and kinship carers are most welcome!

VENUES	
CRANES Grafton	11 Kemp St .
Maclean TAFE	Woombah Street (next to high school.
Coffs Harbour	St John Paul College 421 Hogbin Drive .

RANES @ Maclea 9.30am to 12.30pm 7th June

ORANES @ Grafton 9.30 to 12.30pm 14th June

CRANES @ Coffs

Harbour 9.30am to 12.30pm 27th June

RANES @ Maclean 9.30am to 12.30pm 28th June

Call CRANES for enquires or to register (no referral necessary)

Ph: (02) 6642 7257 Email: FaRS@cranes.org.au