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Grafton High School

Newsletter

Week 10, Term 3 2022

Upcoming Events

19 September - Headspace Mural Painting

19 September - Year 12 Mystery Bus Tour

19 September - Chess Knock-Out

20 September - WISE and SLIP Celebration of Year 12 Graduation

21 September - Her Journey Her Life

22 September - National Day of Mourning for Her Majesty Queen Elizabeth II

23 September - Year 12 Graduation

24 September – 9 October: School Holidays

Students return to school on Monday 10 October.

NATIONAL DAY OF MOURNING FOR HER MAJESTY QUEEN ELIZABETH II

Thursday 22 September 2022 has been declared a National Day of Mourning for Her Majesty Queen Elizabeth II.

NSW public schools will be non-operational on Thursday 22 September and there will be no staff or supervision available on school sites.

Normal lessons will resume Friday 23 September.



KINCHELA BOYS HOME EXCURSION

In Term 3, 2022, as a part of celebrating Reconciliation Week, four students from our Year 11 Aboriginal Studies class got the opportunity to attend a community event at the Grafton TAFE Campus. Survivors of the Kinchela Boys Home brought a mobile bus to Grafton to help tell their stories about what they experienced during their childhood. During this information sharing, we were able to hear the stories from the Uncles and the struggles they went through as young men. We had the opportunity of discussing their experiences and the politics around the forcible removal of the young people during The Stolen Generations. We also

discussed laws and legislations at the time, compared with now. We had the opportunity to ask questions and seeing digital media (which one of the Uncles created as a way of his healing process after living through his pain). In addition to the powerful stories and

information provided to us, the organisation was donated a big bus, that was painted and turned into a mobile information centre. The bus' walls were covered in history about the Kinchela Boys Home, names of other survivors, stories and facts; it even included the iron gate that was once the front entrance of the Kinchela Boys Home.



2023 SRC

The new 2023 Student Representative Council (SRC) received their badges at the Induction Assembly on Friday 9 September. Because of impending rain, the event was streamed live to Home Rooms and Staffrooms for the whole school to watch. Fortunately, we were again able to hold the Induction Ceremony as a community event with parents and carers attending to pin on the badges.

Crafton High School 2023 School Leadership Team are Captains, Darcy and Letitia (centre with Mr Dinham, Principal) and Vice-Captains, Liam and McKenna. They will be working alongside our senior prefects: Reece, Austin, Sean, Sophie, Elanah, Jamaica.



The full 2023 SRC membership includes:



Yr. 8 - Ashleigh, Keira, Jaxson, Travis, Elsie

Yr. 9 - Hayden, Ruby, Stone, Toby, Myla

Yr. 10 - Phoebe-Rose, Sienna, Maritsa, Leni

Yr. 11 - Ethan, Mia, Aliyah

First Nations Reps - Cooper, Martina

'THE LONG WAY HOME – Stories from the Clarence Valley'

The Long Way Home is an annual short story competition for the Clarence Valley. This year, Nadia has taken out the High School section and Aidan received a Highly Commended.

You can go to the link below to read their amazing stories. Congratulations, Nadia and Aidan!

<https://thelongwayhomestories.com/>



AMS GROUP

Each Friday afternoon, Bulgarr Naru Medical Cooperation youth workers Tracey, Tara and Bob, attend GHS to run a youth program for our Aboriginal and Torres Strait Islander students. During these sessions, we have health talks, enjoy lunch together and participate in sports and fitness activities and weaving groups. During these sessions, we are able to have talks around health and wellbeing and the students are able to access quality information from the youth workers.



GOORI GROUP

Goori Group has been an exclusive group for our Aboriginal and Torres Strait Islander students that runs every Wednesday afternoon. It gives the students the opportunity to join in on Bundjalung cultural activities, learn language, be a part of smoking ceremonies, dance, and learn Bundjalung songs. During the group, we have yarns around culture and respect and what being a young Indigenous person means to them. This group has flourished and the young people who attend are being connected with culture, which is helpful to their health and wellbeing, sense of identity, and helps to pass on of knowledge. Dean Loadsman runs this group and gives knowledge to our students around culture. He also reinforces the importance of us learning the practices, so that we can pass down knowledge one day to be sure our beautiful culture is not lost.



NSW JUNIOR CHESS LEAGUE FINAL

After Zayn “slept through his alarm” the chess team eventually left to play the North Coast Final in Casino. In a series of events that can only be described as unprecedented, Zayn and Blake were quickly dispatched by the ruthless chess masters from Woodlawn. Now forced to play boldly to keep GHS in the game, Noah managed to turn a losing game into a miraculous draw. However, after a two-hour bout with Woodlawn’s number 1 seed, Declan finally succumbed to his opponent's relentless attacks. Blake was later quoted as saying “Although we lost today, I still treasure the popularity I’ve gained since joining the chess team”.

It was unfortunate that this year’s team did not end up with the trophy. However, Troy, the team’s trusty reserve player, can hopefully lead next year’s team to victory.



Chess Team:

Board 1 - Declan Lynch

Board 2 - Noah Fahey

Board 3 - Blake Robertson

Board 4 - Zayn Cribb

Reserve - Troy Koekemoer

MARINE STUDIES

Our Marine Studies students went to SeaWorld in Week 8. They had a great time and put their snorkelling skills to the test.



GRAFTON CITY RURAL FIRE SERVICE JUNIORS

From 9 to 12 September, Reece Winters, Andrew Hughes, Bianca Almond, Chelsea Almond, Hayden Almond and Cooper Gilkison attended the NSW State Championship in Bulli. They represented Grafton and the Clarence Valley in the junior division of the competitions, taking out 1 first, 3 seconds and 3 thirds, coming 3rd outright in the State, which was a huge effort from these students with the limited preparation time due to COVID restrictions. Their dedication to training was second to none.

NSW ALL SCHOOLS TENNIS

Congratulations to Whitney who represented the NSW All Schools Tennis team at the Australian All Schools Tennis Championships in Perth.

Whitney and the NSW team came away with the silver medal. Well done, Whitney!



NSW CHS ATHLETICS

Some of our students competed in several athletic events in Sydney recently:

- Harry - 4th in long jump & 7th in the 200m
- La'kya - 10th in the 80m hurdles, running a personal best & 13th in the walk
- Logan - ran a 12.69 and had an awesome experience
- Mia - ran a personal best, coming 3rd in her heat & ran in the 400m relay team
- Marcus - 3rd in the long jump (PB 6.42m), 6th in the 100m final (PB 11.45) & 9th in the 200m (PB 23.65)



UNDER 13 YEARS RUGBY 7's

Congratulations to the Under 13's Rugby 7's team who placed 3rd in a recent tournament. The team represented Grafton High School with distinction and the referees commented on their sportsmanship and respect, on and off the field. Well done, team!

Competition results:

- GHS 14 won against John Paul College 12
- GHS 27 won against Dorriggo HS 0
- Semi-final - GHS 12 lost against Bishop Druitt College 22



ROWING SEASON 2022-2023

Grafton High School has been successful in gaining a Sporting Schools grant to support the school rowing program in Term 4 2022.

This grant is aimed at providing opportunities for year 7 and 8 girls in particular in the school community to maintain a healthy level of physical activity.

Please contact Mr. Smith (CHS sports Coordinator) to register interest for your child to be invited into this opportunity.

Results from the season's first regatta:

- Nadia - First WHcp 1x, First WU17 1x, Third WO 1x.
- Sophie - First WN 1x, Second WO 1x, second WU17 1x, third WHcp 1x, second WHcp 2x.
- Mackenna - second WHcp 2x.

PDHPE

Congratulations to Year 10 who represented our school while involved in the PDHPE Recreational games unit of study. The friendly, slightly competitive game of ten-pin between mates was played last week in the best of spirits by all those involved.

Students received very positive praise from the local ten-pin bowling league with whom they shared the bowling alley while visiting. Well done to all students on shining such a positive light on our school within the community.



PDHPE - PASS

Some Physical Activities and Sports Studies (PASS) classes are mid-Event Organisation and as a part of their study, are conducting tournament organisation in racket sports; other classes have been enjoying our river while canoeing. PASS students put in a lot of effort and apply themselves enthusiastically in our outdoor learning environment.





KICK FLIPS AND TAIL WHIPS

SKATE AND SCOOTER COMPETITION

REGISTER
ONLINE

FREE
ENTRY



- PARK JAM
- PARK CONTEST
- PRIZES FROM
LOW PRESSURE
SURF CO

- FREE BBQ
- AGE DIVISION HEATS
- LIVE DJ
- ONEWAVE YAMBA
CHILL ZONE

YAMBA SKATE PARK

26th September - Sign In from 11am

Minnie Water - Wooli SLSC

Nipper Sign On

2022 / 2023 Season

Training Tomorrows Lifesavers



Sat. 8 October

Register & Info Morning 10-1pm
Surf Clubhouse Main Beach - Minnie Water

Sun. 9 October

First Nipper Day / Registrations / Come & Try
Main Beach - Minnie Water 9.30am - 12.30pm

COME JOIN US!

Minnie Water Wooli SLSC is welcoming new and returning
Nippers and Nipper Family members.

Our Nipper Program is a great family activity that is a lot of fun for kids (5 - 13 years)
and adults alike while learning Beach Awareness, Surf Skills, Confidence, meeting
new friends and participating in friendly competition and fitness.

Enquiries contact Peter - jac@mwwslsc.org.au or 0427426977



REGISTRATIONS OPEN

Masters
Mixed COMPETITIVE
SOCIAL Mixed
U14's, U12's, U10's
U7's League Stars

Starts: Monday 10th
October
@ Hay St Rugby fields

really
Are they OK?
Ask them
today

Make staying connected and asking
R U OK? part of your everyday.

Start by asking "Are you OK?"

No, I'm not OK.
Dig a bit deeper:

"What's been
happening?"

"Have you
been feeling
this way for
a while?"

"I'm ready to
listen if you
want to talk."

"It's just that
you don't
seem to be
your usual
self lately."

"I'm always
here if
you want to
chat."

"Is there
someone else
you'd rather
talk to?"

Listen with an open mind

Encourage action and offer support:

"How can I help?"

"What would help
take the pressure off?"

"Have you thought about
seeing your doctor?"

Make time to check in:

"Let's chat again next week."

Find more tips at ruok.org.au

R U OK?
A conversation could change a life.

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