

Artist: Tyreece Daley

# Grafton High School

## Newsletter

### Week 8, Term 4 2022

## Upcoming Events

5 December

- Washpool National Park Day

5- 6 December

- Peer Support

7 December

- Presentation Night
- Cultural Discoveries Food Excursion

9 December

- Battle of the Bands
- Cultural Discoveries Food Excursion

10 – 17 December

- Heron Island Excursion

14- 16 December

- Activities Week

16 December

- Last Day for Students

## Canteen Flood Relief Funds

Week 9 will be the last week this term students can purchase any food from the canteen using their flood relief funds. Uniforms can still be purchased in Week 10 using these funds.

## Breakfast Club

Week 9 will be the last week for Breakfast club. It will not be running during week 10. We hope to see students on Monday, Wednesday, and Friday Week 9.

## COVID-19

Covid-19 Test Kits are available from the front office, for students, on request.



**Don't travel if unwell  
STAY IN, GET TESTED**

**COVID-19**



## Schools Spectacular 2022

Students travelled to Sydney for a week of intense rehearsals at Quodos Bank Arena at Sydney Park before the final stunning performance for the Schools Spectacular.



Students worked hard to make their dance come together and met up with Grafton High School's featured artist, Tahlia, who sang the song for the Aboriginal Dance Ensemble.

The entire ensemble was amazing, with special mention to Shanika, Marty, Ajay, Chaniqueka and Taleeha for their dedication and performances.



Tahlia's performance was breathtaking as she created magic.

Our students appreciated the guidance that Bangarra Dance Company provided throughout the week. They reminded the students that "They are the Painting, they are the Language, and they are the Landscape."



All students should be immensely proud of themselves and the way that they represented Grafton High School, themselves, and their culture.



## 9 Cultural Discoveries Cooking Day

In conjunction with the 'Culture and Food' unit that has been studied this term, Year 9 Cultural Discoveries took part in a cooking day.

Students made Vietnamese-style rice paper rolls, with pulled pork, chicken, and vegetables.

An enjoyable time was had by all, and all the students were able to sample some of the Vietnamese cuisine that they have learned about in class.



## Year 9 and 10 Cultural Discoveries Excursion

Year 9 and 10 Cultural Discoveries took part in an excursion to the Annola Thai Restaurant, as part of the 'Culture and Food' unit that they have been studying in class. For many students, this was their first time to the restaurant, and for some, it was their first-time trying Thai food.

The entire group was extremely well behaved and represented the school in an outstanding manner. The owner of the restaurant even commented on how polite and well-mannered the students were. They are now looking forward to their next excursion to Japanese!



## Ocean Surf and Safety Award

24 students (ranging from Year 8 to 10) travelled to Coffs Harbour to complete their Ocean Surf and Safety Award.

They participated in First Aid, CPR, surf rescues, 'understanding the ocean,' and completed a mission that involved a swim, board paddle and run, as well as some surfing.

These students were amazing and the Surf Lifesavers in charge of running this program commented on how well-mannered and motivated the students were.



## Year 7 Maths

Students in Year 7 Maths E had the opportunity to engage in practical tasks. They collaborated with their peers to build a one-meter cubed structure. Upon its completion, they were able to explore the cube's capacity of students.





## Currumbin Excursion

SLIP 2 and WISE classes went for an excursion to Currumbin Wildlife Park. It was a wonderful day out and lots of fun and learning was had by all. Thanks to Mr Durney for organising this fantastic excursion.



## Year 6 Orientation Day

Year 6 students from surrounding schools had the opportunity to experience a day in the life of a Grafton High School student during their Orientation Day.

Students had the opportunity to make connections, become more familiar with GHS and develop skills to encourage a positive start to their high school experience.

Students enjoyed a BBQ lunch where they were able to make new friends and meet some of their teachers for 2023.

Thank you to all the Peer Support Leaders who took time out of their day to be mentors for the new Year 7 cohort.



## Term 1 2023 Dates

The canteen will be open from Monday 23 January to Wednesday 25 January for purchasing uniforms.

Student free days are Friday 27 and Monday 30 January.

Years 7, 11 and 12 to return on Tuesday 31 January.

Years 8, 9 and 10 to return on Wednesday 1 February.



# NO Scaredy CATS

3 CONSECUTIVE TUESDAYS

**NOVEMBER 29 -  
DECEMBER 13  
10 AM - 12 PM**

**AT LIVABLE:  
11 KEMP ST.  
GRAFTON NSW**

All Livable events are **FREE**  
and childcare is available

Livable Family and Relationship Services is funded  
by the Department of Social Services.

## Supporting you and your child through the ups and downs of life!

No Scaredy Cats is a child development course that aims to support you to take on the role of the coach in your child's life and guide them through emotionally distressing episodes.

Designed and developed by psychologist, author and teacher Michael Hawton, it equips you with a practical and easy set of tools, and a solid understanding of the theory behind these to enable you to build resilience in your child.

**Refreshments provided.**



**livable**  
your life your way

**BOOKINGS ESSENTIAL**

**1800 289 927**

**LIVABLE.ORG.AU/EVENTS**





SURF LIFE SAVING  
NEW SOUTH WALES



# GONE FISHING

Rock Fishing Safety & Skills Day

**FREE HOBBIE  
LIFEJACKET VALUED  
AT \$160!**



- Free Lunch
- Family Fun
- Fishing Skills
- Beach Safety Session



**SATURDAY DECEMBER 3**

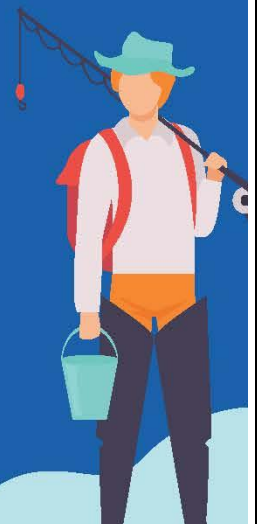
**Coffs Harbour Jetty Beach**  
**9.30am to 3.30pm**

**REGISTER**



**LEARN MORE & REGISTER YOUR SPOT NOW**

[https://Gonefishing\\_CoffsHarbour.eventbrite.com.au](https://Gonefishing_CoffsHarbour.eventbrite.com.au)  
or email [community@surflifesaving.com.au](mailto:community@surflifesaving.com.au)



# SUMMER SENSATIONS ~ Artist Call Out

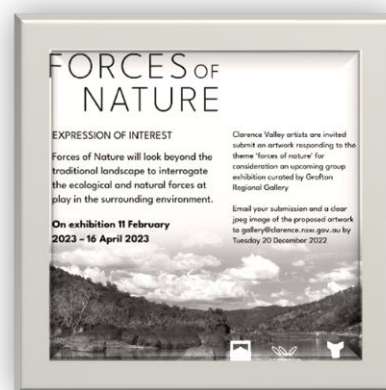
## **Artist Call Out: Clarence Valley based artists**

Grafton Regional Gallery is holding its annual exhibition Summer Sensations from 11 December – 29 January 2023 to celebrate artists of the Clarence Valley and their wonderful creative contribution to the cultural vibrancy of the area.

The Gallery is committed to supporting all artists from our region and this open submission platform is the third exhibition in an ongoing annual project to celebrate the creative talent of the Clarence Valley. The exhibition will highlight artwork across all mediums and will feature work from emerging or established artists living in the Clarence Valley.

Local artists who work across all mediums and subjects are invited to submit one artwork of up to 60 cm h x 60cm w to be included in this exhibition.

To take part in this opportunity please [complete and submit your form](#) between 9:00am and 4:00pm, **Tuesday 29 November to Friday 2 December 2022**.



# FORCES OF NATURE ~ Artist Call Out

## **Artist Call Out: Clarence Valley based artists**

Forces of Nature will look beyond the traditional landscape to interrogate the ecological and natural forces at play in the surrounding landscape.

Clarence Valley artists who work across all mediums and subjects are invited to complete the following for submission of one artwork of up to 60 cm h x 60cm w inspired by environmental themes to be considered for inclusion to this exhibition.

The Gallery is committed to supporting all artists from our region and this open submission platform aims to celebrate the creative talent of the Clarence Valley. The exhibition will showcase artwork across all mediums and will feature work from emerging or established artists living in the Clarence Valley.

To take part in this wonderful opportunity please complete and email your submission form along with a clear .jpg image of the proposed artwork to [gallery@clarence.nsw.gov.au](#) by **Tuesday 20 December 2022**



**Tickets on sale now ~**

## **Christmas Clay with Cassandra-Lyn Palmer**



Come along and join local mixed media artist Cassandra-Lyn Palmer for a fun clay session to dress the table for the festive season.

COST: General Public: \$65.00

Friends of Grafton Gallery Members: \$55.00

+ Eventbrite booking fee

All tools and materials are provided, and no experience is necessary. All materials supplied.

Hurry - this workshop will sell out!

**COMING SOON -**

Archibald Prize 2022 - an Art Gallery of NSW touring exhibition opening. Tickets on Sale now.



Saturday, 17 December 2022 5:00 pm

Archibald Prize 2022 - an Art Gallery of NSW touring exhibition opening.

Grafton Regional Gallery