

Artist: Tyreece Daley

Grafton High School

Newsletter

Week 6, Term 1
2023

Upcoming Events

7 March

- CHS Opens Girls Netball

8 March

- Year 12 Study Day

9 March

- School Photos
- MNC Rugby League Trials

10 March

- School Photos catch-up

14 March

- Bangarra Dance Workshop

15 March

- Years 7 & 9 NAPLAN

28 March

- CSU Port Macquarie Explore Day

30- 31 March

- Year 7 Immunisations

6 April

- Cross Country

School Photographs

Grafton High School Photos will be conducted on Thursday 9 March. Catch-up photos will be on Friday 10 March.

All student photo envelopes that are not distributed, are available for pick up at the front office. Blank envelopes (if you are a new enrolment or lost your envelope) may also be picked up from the attendance window at the front office.

Sibling envelopes may be collected from the front office.

Sibling photos will be taken at recess and lunch time on Thursday or recess and lunch on the catch-up day.

All students are reminded to be in full school uniform and have their photo envelope with them on photo day.

All students will have their photo taken and return their own personalised envelope on the day, regardless of ordering intentions.

Ordering is direct to the company and NOT through the school office. See your envelope for details.

Year 7 Vaccinations

GHS Vaccinations are scheduled for Year 7 on 30 and 31 March.

In Year 7, students are offered vaccines for diphtheria-tetanus-pertussis (dTpa) and human papillomavirus (HPV).

Need more information? Visit: health.nsw.gov.au/schoolvaccination


Great Aussie Bush Camp

At the Great Aussie Bush Camp, Year 7 students engaged in a range of team-building activities that helped them to work together and to move beyond their comfort zones. Thanks to all staff for your time and organisation and to the students for their exemplary representation of Grafton High School.



Breakfast Club

BREAKFAST CLUB




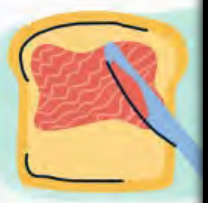
MENU

Toast (cheese, vegemite or jam)
Orange Juice or Cold Milo
Fresh fruit (bananas, apples and more!)
Cereal (Rice bubbles, Corn flakes or Weetbix)

SEE YOU IN T7

Come to T7! All of the food and drinks are FREE!
Absolutely FREE!





WHEN IS IT ON?

From 8.20am-8.50am
Monday, Wednesday & Friday of every week!

There has been much excitement this term with the commencement of Breakfast Club. Students are encouraged to come along to Breakfast Club between 8:20am and 8:50am on Monday, Wednesday, and Friday of each week. This is a free service and open to all students. Breakfast Club offers students a positive atmosphere, where they can socialise with their peers while enjoying some nutritious breakfast. Students have provided positive feedback about Breakfast Club, mentioning that it has boosted their daily motivation, increased their mental wellbeing, and helped to foster strong relationships with staff and peers. Staff and students look forward to seeing this program continue throughout the year.

Grafton Swimming Carnival

Students participated with pride and passion at this year's school Swimming Carnival.

We are proud of all students for swimming their personal best.

Congratulations to the students who placed 1st or 2nd in any event, or 1st, 2nd, 3rd or 4th in the 50m freestyle, as they have secured a spot in the school swim team!

The zone carnival was then held in Coffs Harbour.

We thank parents and families for their support.



Junior Life Saver of the Year

Lillian was up against junior life savers from Coffs Harbour, Woolgoolga and Sawtell to compete for Junior Life Saver of the Year. Lillian underwent an interview and with her Surf Rescue Certificate and numerous beach patrols for her Minnie Waters club, she won Junior Life Saver of the Year for the North Coast Branch.

Lillian will now move on to Sydney in April as the North Coast female candidate, to compete for state champion.

We wish you luck, Lillian.



Westpac Rescue Helicopter

The Support Unit students were lucky enough to watch the Westpac Helicopter land at Grafton Public School on Monday. They prepared for the noise by taking along ear protection and stood at the gate to hear the rotors roaring above them. There was a lot of excitement as we heard the helicopter coming closer and watched the trees bend over from the force of the wind. A big thank you to the Westpac Helicopter service and for Grafton Primary School for organising this wonderful experience.



WISE 1

The students in Wise 1 took the trikes out last week to enjoy the sunshine and to get some exercise. They practised their road awareness skills and turning left and right. Later in the week they experimented with bicarb-soda and vinegar to make colourful fizzing volcanoes during our Science lesson.



Grafton Redmen Rugby Support GHS' New Goalposts

A big thank you to the Grafton Redmen Rugby Club who helped the school erect the new goalposts on the oval. Junior Redmen Tristan, Harry and Taj are looking forward to playing Rugby for GHS on the oval during the year.



Premier's Reading Challenge (PRC)

The PRC is a challenge to each student to read more and experience quality literature. It aims to encourage students to have a love of reading for leisure and pleasure. If you have any questions or need any help to log your PRC books, please see Mrs Lynch in the Library.

Are you ready for the 2023 PRC?

Start - Monday 27 February (Term 1)

For - Years 7 to 10

Finish - Friday 18 August (Term 3)

Total books to read - 20



Chess Comp



Any students interested in playing chess at school please see Mrs Lynch. There will be a weekly school comp in the Library at lunch time on Wednesdays.

Students can also try out for the NSW Junior Chess League comp starting soon.

Plus, the outdoor chess will be available on Fridays at lunch time with Mrs Merry.

2022 Graftonian Yearbook

You are now able to order your 2022 Graftonian Yearbook!

Details for how to purchase are on the Treering Flyer.

See all the highlights from across the subjects, extra school activities and sporting events. You also have the opportunity to add your own custom pages at no extra cost.



CAPTURE YOUR MEMORIES IN THIS YEAR'S

GRAFTON HIGH SCHOOL YEARBOOK!

To Purchase Your Yearbook

Must be a parent or student 13 years or older.

1 Go to: www.treering.au/validate

2 Enter your school's passcode:

1016654418941975

Price before GST: **A\$31.46**

Purchase by: **Apr 28**

treering

Positive Behaviour for Learning (PBL)

When a student receives a Positive Sentral entry, their name goes into the weekly draw to win a \$10 SHARE Canteen Voucher!

Congratulations to these winners:

Week 2 - Isaac in Year 9 - nominated by Ms Hubbard and Ms Bruce

Week 3 - Max in Year 9 - nominated by Mrs Gorham

Week 4 - Tobi in Year 10 - nominated by Mr Fitzgerald

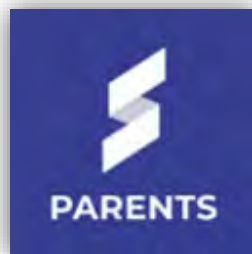
Week 5 - Maddy in Year 12 - nominated by Mrs Strano and Mr Townley

Parent Portal App

The 'Sentral Parent Portal' is an online platform that you can log into to find information on your student(s) and keep up to date with their attendance and wellbeing records, as well as find other useful general school information. Parents/Carers have been sent an email that outlines how to access 'Sentral Parent Portal' and contains a personalised access key for their students.

The portal allows parents to complete the following:

- View a targeted news feed where school operational information and reminders will be sent out. You will receive news feed alerts to your phone if you have allowed the push notifications on the parent portal app.
- See student's timetable and class details including names of their teachers.
- See homework information
- Be notified of absence, respond to unexplained absences or advise the school in advance of planned absences
- View the school calendar which contains information for excursions and whole school activities, eg school photos etc.
- Browse school newsletters and fortnight learning summaries.
- Receive your child's reports electronically
- Book and manage parent/teacher evening interviews



PO Box 458, 97 Mary St GRAFTON NSW 2460

Email: graffton-h.school@det.nsw.edu.au

Phone: 02 6642 3355 Fax: 02 6642 3184

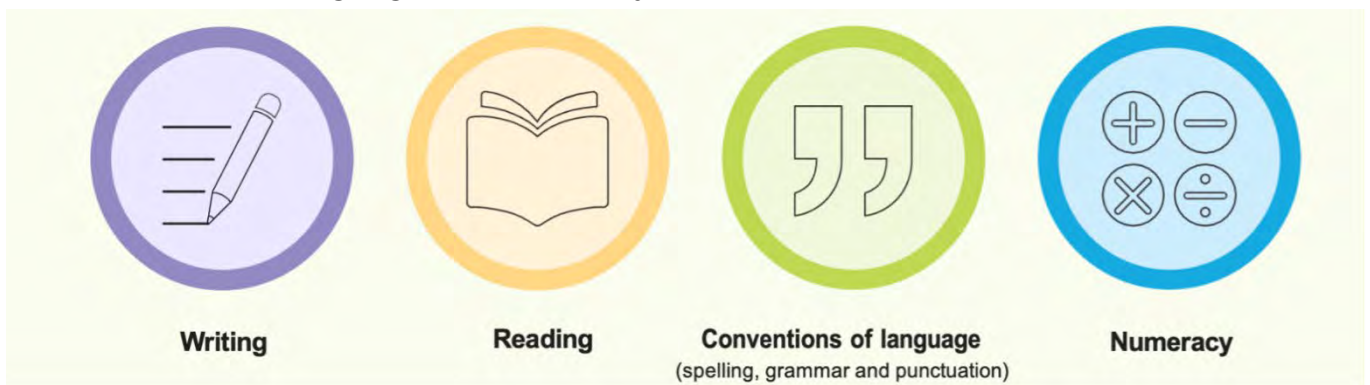
Web: www.graffton-h.schools.nsw.edu.au



NAPLAN

National Assessment Program - Literacy and Numeracy Information for parents and carers

- All students in Years 3, 5, 7 and 9 in Australia do NAPLAN tests in March each year.
- NAPLAN tests students' skills in reading, writing and maths.
- The test questions are presented in Standard Australian English dialect.
- Students read some of the questions and listen to others with headphones.
- The tests will get easier or harder, depending on how students are going in the test.
- Students do four different tests. The names of the four tests are: Writing; Reading; Conventions of language and Numeracy.



- Students in Year 3 will do the Writing test using pencil and paper. Year 3 students will answer the other test questions on the computer.
- Students in Years 5, 7 and 9 will answer all their test questions on computers.
- Teachers will help students get ready for NAPLAN tests.
- Schools will get their students' results. The school will then give parents/carers a report showing their own child's results.
- Parents/carers can talk to the teacher about these results.
- NAPLAN shows how students are going all over Australia. People who work in the Australian Government, state and territory education authorities and schools use NAPLAN results. The results let them see which schools are doing well and which schools might need help.

Talk to your teacher if you have any questions about your child doing the tests.
For more information on NAPLAN, visit nap.edu.au.

Parents have a
big influence
on their child's
future career.
Got the skills
to guide them?



Parents guide to jobs, skills and career conversations

Join career coach experts and local employers to:

- Understand your child's career personality and its impact on their career decision making.
- Take a deep dive into how young people make transitions from education to employment – the wanderers, stragglers, and sprinters.
- Learn about your local economy and career opportunities for young people in the region: PLUS hear direct from local employers about skills in demand.
- Unpack Vocational Education & Training, and its value in skills development.
- Tips, tools and strategies to support your success in that next career conversation.

This workshop is free for all parents of high school aged students in Clarence Valley. Light snacks provided.

BOOK NOW

Please register early, numbers are capped.



Grafton:

Tuesday 28th March 2023

PCYC, 300 Powell Street, Grafton

<https://www.eventbrite.com.au/e/parents-guide-to-career-conversations-grafton-tickets-518348954677>



Coffs Harbour:

Wednesday 29th March 2023

HUB 2, Coffs International Sports Stadium
Stadium Drive, Coffs Harbour

<https://www.eventbrite.com.au/e/parents-guide-to-career-conversations-coffs-harbour-tickets-518371772927>

5.30pm arrive (light snacks)

5.45pm workshop starts

7.45pm finish



AN AUSTRALIAN GOVERNMENT INITIATIVE



This initiative is funded by the Australian Government Industry Training Hub.





Sailors Hockey Club

are accepting nominations for 2023 teams

Men's (1st & 2nd Grades)

Women's (1st, 2nd & 3rd Grades)

Junior Boy's (U11, U13, U16)

Junior Girl's (Div 1, 2 & 3)

Please send nominations and enquiries to
sailorshockeygrafton@gmail.com

**RUGBY
FOR GOOD**



FREE COACHING CLINICS

Port Macquarie Sat 11th March

Coffs Harbour Sun 12th March

Grafton Tue 14th March

- All players, Male & Female 13-16 years
- NSW Rugby Development staff
- MNC Junior Rep Coaches in attendance
- Get Talkin' workshop
- Free BBQ

Register Now
Scan the QR code or visit the link



<https://form.jotform.com/230187892678068>



The NSW Waratahs are running a training skills day at Grafton on Tuesday, 14 March, 4.30pm. Everyone is invited male and female you don't have to currently play Rugby to attend.